

TURISMO DO NORTE E NORTE DE PORTUGAL
portoenorte TEM



Ruta termal
vía do auga

VERÍN
CHAVES
VIDAGO



DE XAIS A COMPOSTELA
2014
300
2014-2015

galicia

VERÍN
CHAVES
VIDAGO

Thermal
and
water
route



European Union
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COOPERACION TRANSFRONTERIZA
ESPAÑA - PORTUGAL
COOPERACAO TRANSFRONTEIRICA

EURO-REGIÓN
termal y del agua



XUNTA
DE GALICIA

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Laura González-Doposo Portela

Chief of the Quality and European Projects Department
Tourism Agency of Galicia

Chon Lorenzo Limia

Companies and Touristic Activities Technician
Town council of Verín

Pablo M. Rivera Búa

Coordinator Chaves-Verín Eurocity

José Sousa

European Project Management Technician
Chaves Verín Eurocity

Agostinho Pizarro

Chief of the Division of Sustainable
Development, Tourism and Cooperation
from the Municipal Chamber of Chaves

Vera Moura

Higher Technician from the Municipal Chamber of Chaves

Pedro Monteiro

Higher Technician from the Municipal Chamber of Chaves

Filipa Leite

Higher Technician Coordinator of the Marketing
Department of the GEMC, EM-SA

TPNP - Tourism Porto and North of Portugal /
DSBE – Department of Health and Welfare Tourism

Isabel Castro

Head of Cabinet of the TPNP

Ana Figueiredo

Operations Assistant of DSBE

Editorial

Ana Belén Freire

Translation

NARTRAN Translations

Photography

Pako Guerrero |Photography|

Suso Godas

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Idear.com.es

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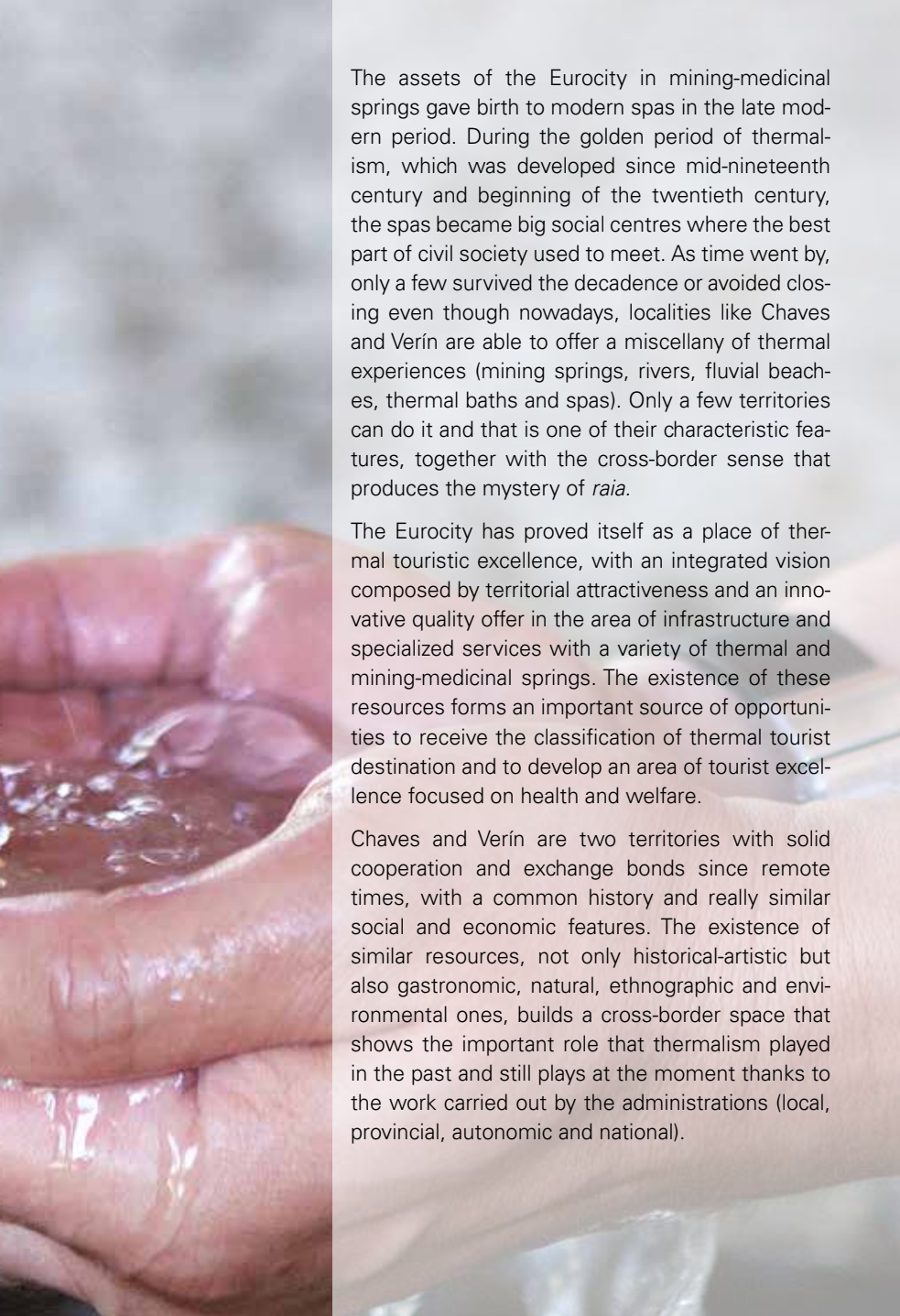


VERÍN
CHAVES
VIDAGO

Thermal
and
water
route



Fonte do Sapo mining-medicinal water, Verín

The image is a vertical composition. On the left side, there is a close-up photograph of a person's hand, likely a woman's, holding a small amount of water. The water is being poured from the hand into a white, shallow container or cup. The background is a soft, out-of-focus light grey. On the right side of the image, there is a white background with three paragraphs of black text. The text is aligned to the left and is separated by vertical lines from the photograph on the left.

The assets of the Eurocity in mining-medical springs gave birth to modern spas in the late modern period. During the golden period of thermalism, which was developed since mid-nineteenth century and beginning of the twentieth century, the spas became big social centres where the best part of civil society used to meet. As time went by, only a few survived the decadence or avoided closing even though nowadays, localities like Chaves and Verín are able to offer a miscellany of thermal experiences (mining springs, rivers, fluvial beaches, thermal baths and spas). Only a few territories can do it and that is one of their characteristic features, together with the cross-border sense that produces the mystery of *raia*.

The Eurocity has proved itself as a place of thermal touristic excellence, with an integrated vision composed by territorial attractiveness and an innovative quality offer in the area of infrastructure and specialized services with a variety of thermal and mining-medical springs. The existence of these resources forms an important source of opportunities to receive the classification of thermal tourist destination and to develop an area of tourist excellence focused on health and welfare.

Chaves and Verín are two territories with solid cooperation and exchange bonds since remote times, with a common history and really similar social and economic features. The existence of similar resources, not only historical-artistic but also gastronomic, natural, ethnographic and environmental ones, builds a cross-border space that shows the important role that thermalism played in the past and still plays at the moment thanks to the work carried out by the administrations (local, provincial, autonomic and national).



THERMAL AND WATER EUROREGION

The project **Thermal and Water Euroregion** was approved within the Spain-Portugal Cross-border Cooperation Operative Program 2007-2013.

Its main object is the consolidation of a common cross-border strategy for the coordinated development of training and research within the sector of thermal and water tourism in the Galicia-North Portugal Euroregion, as point of reference of high-quality thermal offer in Europe.

The partners of the project are the *Deputación Provincial de Ourense* (Provincial Council of Ourense), the *Secretaría Xeral de Turismo da Xunta da Galicia* (General Secretariat of Tourism of the Regional Government of Galicia), the Council of Verín, the Municipal Chamber of Chaves, Tourism of Porto and North of Portugal, the Portuguese Society of Medical Hydrology and the Association of Thermal Baths of Portugal.

Water is the identity of the Galicia-North Portugal Euroregion and thermalism is the best resource to constitute a distinguishing element to revitalize the economy. Both countries would like to jointly pledge their firm commitment to the sector of health and welfare tourism, which should become the key for their economic development.

The results to be reached are turning the Galicia-North Portugal Euroregion into a referent of thermal waters in the south of Europe, training high-



Small stones and banks of the river Tâmega in Chaves

ly-qualified professionals and carrying out pioneering research on water natural resources.

The Galicia-North Portugal Euroregion is the area of the Iberian Peninsula with the highest number of thermal springs and it has significant endogenous resources due to the quality and quantity of its springs and natural mineral waters.

Thus, the mineral water bottling industry is consolidated, as well as the industry of thermal services.

Although the direct geographical intervention area of this project will be the cross-bordering areas of Galicia-North Portugal, the sphere of influence of these activities will be extended, specially, to other areas with thermal sources in the Euroregion.

This influence will be important to improve the training of the professionals of the sector, but it will be much more significant in the field of research, given the objective of the project of contributing to disseminate the results achieved. The project will have a multiplying effect together with the other regions of Spain and Portugal and it is expected to be recognized as a good international practice.



EUROREGION AND EUROCIITY

Basic information

The territory of the Galicia-North Portugal Euroregion is located in the northwest of the Iberian Peninsula and is currently characterized by its strong social, economic and cultural interrelation.

The space formed by both regions covers a total surface of 51 thousand km² and houses a population of 6.4 million inhabitants, which is translated into a population density of 125.8 inhabitants / km².

The Chaves-Verín Eurocity is made up by the territory covered by both town councils at the valley of Alto Támega in the north of Portugal and southeast of Galicia, respectively. Chaves covers around 591 km², distributed among 39 parishes, and Verín, around 94 km² organized on 15 parishes.

Most of the population (18,500 inhabitants) is concentrated in the city of Chaves, capital of the municipality. The total population is higher than 41,000 inhabitants, taking into account the periurban perimeter and rural areas. The city of Verín is the seat of the city council and has more than 10,000 inhabitants, exceeding 14,000 in the whole territory.

Apart from the regional and main roads of both municipalities, Chaves also has the divided highways A-7 and A-24. The latter is connected to A-75, which crosses the area of Verín, linking to A-52 or the divided highway of Rías Baixas. This network of roads



Panoramic view of the Valley of Verín



Panoramic view of Chaves



Vidago Palace Entrance

provides Chaves and Verín with a privileged and strategic position within the economic context of the North-West of the peninsula. Both cities are less than 20 minutes away from each other.

The city of Vidago is located 16 kilometres away from Chaves. It is a parish belonging to the city council of Chaves, with around 1,200 inhabitants. It is geographically located at the bottom of a valley, where Ribeira de Reigaz and the Ribeira de Oura meet.

The greatest concentration of thermal water and mining-medical springs of Europe is located in the territorial area of Chaves-Verín. These resources are a significant source of opportunities to receive the classification of Thermal Tourist Destination and to develop an area of tourist excellence focused on health and welfare.

This abundance of waters is the result of a tectonic fault, the Fault of Corga, which crosses the cross-bordering territory and leads to a high density of mining-medical waters in the Valley of Montreiri and Alto Tâmega. Given this common origin, they share really similar physico-chemical characteristics, being mainly distinguished by the temperatures at which they emerge.



Thermal treatment in the thermal baths of Chaves-SPA of the Emperor



Cabreiroá mining-medicinal water



HOW TO GET THERE

Royal path, Verín

By car

From Madrid, take the divided highway A-6 (toll) until Benavente and, then, take the divided highway A-52 (free). Duration of the trip: 3h 45 min.

From Vigo, take the divided highway A-55 (free) until *O Porriño* and, then, take the divided highway A-52 (free). Duration of the trip: 1h 30 min.

From Santiago de Compostela, the access is from the divided highway AP-53 (toll), until the crossroads with the divided highway A-52 and then continue towards Ourense-Benavente until Verín. Duration of the trip: 1h 40 min.

From Oporto, take the freeway A-3 (toll) until the exit to Guimarães and then take the freeway A-7 (toll) until Vila Pouca de Aguiar, where it meets A-24 (Portuguese electronic toll). Duration of the trip: 1h 30 min.

By plane

The Eurocity is located less than 2h away from five airports (A Coruña, Vigo, Santiago de Compostela, Valladolid and Porto) and 3h 50 minutes away from the international airport of *Barajas* (Madrid). The nearest airports are: Porto, Vigo and Santiago de Compostela.

By train

The nearest train station is in A Gudiña (Spain), 30 km away from Verín.



Ferrol

A Coruña

Santiago de Compostela

Pontevedra

Vigo

Viana do Castelo

Braga

Fafe

Guimarães

Porto

GALICIA

Lugo

Ourense

Verín

Chaves

Vidago

LEÓN

ZAMORA

Bragança

PORTUGAL

Barca d'Alva



Madrid



The thermal and water route of Chaves-Verín Eurocity

Cabreiroá Spa

The objective of the “Thermal and Water Route of Chaves-Verín Eurocity” is to create a route that connects the spa heritage of Verín with those in Chaves and Vidago, linking the main springs, spas and thermal waters of the area of the Eurocity, continuing and shaping a global route within the geographical limits of this Euroregion.

The route combines the circular urban routes of both municipalities with a cycle-tourist route that goes along river Tâmega.

The urban routes of the municipalities, Verín, Chaves and Vidago show the historical, natural and cultural heritage. In addition, the urban water route in Verín connects the five springs of mining-medicinal waters of the municipality.



1. **Route on foot:** urban route in Verín + **Route by car:** route following the thermal spots: Caldeliñas, Sousas, Fontenova, Cabreiroá and Fonte do Sapo
2. **Route by bike:** cycle-tourist thermal and water route
3. **Támega's ecofluvial route**

4. **Route on foot:** urban route in Chaves
5. **Route by bike:** cycle-tourist route in Chaves

6. **Route on foot:** urban route in Vidago



Entrance to Vidago Palace Spa

Main route

Verín-Chaves-Vidago

Total length 46.4 km

Estimated time 46 min
by car

Necessary material

For the urban routes within the global route it is recommended to bring a backpack, water, sportswear and comfortable footwear

Information

this route can be completed only in one day and by car

Chaves and Verín are urban centers with a common background; they are social and geographical neighbors; they share many resources (ethnographic, historical-artistic, gastronomic, natural, etc.) and complement each other in such a way that an area of tourist excellence focused on health and welfare is developed.

Nowadays, the town of Verín is characterized by its mineral waters, which are an industrial reference and an icon of popularity for the locality. The existence of three spas (Cabreiroá, Sousas and Fontenova) and two springs (Caldeliñas and Fonte do Sapó) make up a territory that proves the important role played by thermalism in the past and even now.

River Támega, link between the two municipalities, crosses Verín and runs southwards, through the old part of the town, with its emblematic places, such as *Casa do Escudo* (the House of the Shield), *San Lázaro's* chapel, the parochial church *Santa María a Maior*, the house of the *Acevedo* and, finally, the convent church *da Mercé*.

The exit from the village towards Chaves is through road N-532 until reaching road A-75. After having covered around 17 km, we enter Portuguese land, following then road A24 until the exit to EM506 that will take us to the urban center of Chaves, the Roman *Aquae Flaviae*.

The route in Chaves lets us admire the Torre de Menagem (Tribute Tower) in the medieval castle, the perimeter of the wall, the São Francisco and São Neutel's forts, the Roman bridge of Trajano, the Matriz (Mother Church) and La Misericórdia's churches, the typical balconies in Direita street, the Mansion of Dukes of Bragança's and the Roman thermal baths, reminder of a glorious thermal past. We cannot forget the exuberant banks of river Tâmega, ideal to enjoy a walk on foot or by bike on the cycle lane or to enjoy the Thermal Baths of Chaves SPA of the Emperor, thanks to the modernization of its installations and the therapeutical quality of its waters.

Our trip continues through the valley of Tâmega, towards Vidago, the last locality included in the route. The beauty of its natural and peaceful surroundings and Vidago's Palace hotel make the city one of the most admired touristic destinations internationally, reminding the times of the *Belle Époque*. The quality of its thermal waters, which gained popularity and led to the town's magnificence in the second half of the nineteenth century, is a characteristic that still prevails nowadays.



Sousas mining-medical therapy



Chaves Thermal baths - Spa of the Emperor

HYDRIC RESOURCES

CABREIROÁ SPA

Estrada de Cabreiroá, s/n. 32600 Verín.

Phone: +34 988 590 015 //
+34 902 117 597

17°C

Low mineralized water: bicarbonated, sodium, lithium and acidulous.

Therapeutic indications: urinary tracts' conditions (renal colics, stones, nephritis and pyelonephritis, cystitis and urinary infections), gastrohepatic and gall disorders (dyspepsias, gastritis, hepatic colics, bladder disorders, stones or jaundice) and metabolic disorders (hyperuricemia and diabetes).

FONTENOVA SPA

Águas de Fontenova, S.A.

Avda. de Sousas, nº 58. 32600 Verín

Phone: +34 988 410 155

10°C-14°C (still water springs)

18°C-19°C (sparkle water springs)

Low mineralized water: sodium bicarbonated, lithium and fluoride.

Therapeutic indications: positive effects on uric stones, flank pain, rheumatism, gout, hepatic conditions, gastric dyspepsia and stomach and bladder conditions.

SOUSAS SPA

Avda. de Sousas, s/n. 32600 Verín.

Phone: +34 988 410 230

18°C-20°C

Low mineralized water: sodium bicarbonated, lithium and slightly fluoride.

Therapeutic indications: kidney conditions, hyperchloxydria, gastralgia, gastric ulcer, chronic enteritis, hepatogenous jaundice, incipient stones and chronic prostatitis.

CALDELIÑAS SPA

Lugar de Caldealiñas. Verín.

At the moment derelict, it was closed for public access in 1960.

25°C

Medium mineralized water: sodium bicarbonated, lithium and fluoride, together with bubbles.

Therapeutic indications: skin conditions and rheumatic problems.



CHAVES THERMAL BATHS — SPA OF THE EMPEROR

Largo das Caldas, 5400-534 Chaves

Phone: + 351 276 332 445

73°C

Low mineralized water: hyperthermal, sodium bicarbonated, meso mineral and carbonic gas.

Therapeutic indications: remedy to osteoarticular, musculoskeletal, cardiovascular, digestive and respiratory conditions, stress, fatigue and anxiety.

VIDAGO THERMAL BATHS — SPA VIDAGO PALACE

Parque de Vidago, apartado 16

5425-307 Vidago

Phone: + 351 276 990 920

17°C

Highly mineralized water: hypersaline, sodium bicarbonated, alkaline, slightly arsenic and ferruginous, fluoride, carbonic gas and a little radioactive.

Therapeutic indications:

Conditions related to the nervous or digestive system, skin, and rheumatic and musculoskeletal conditions, hepatobiliary and gastroduodenal diseases, diabetes, obesity, gout and allergies.



Ruta
termal
y del
agua

VERÍN
CHAVES
VIDAGO



- 1 Caldeliñas Spa
- 2 Fonte do Sapo Spa
- 3 Fontenova Spa
- 4 Sousas
- 5 Cabreiroá Spa
- 6 Chaves thermal baths
- 7 Vidago thermal baths

HYDRIC RESOURCES GEO-REFERENCING



Caldelañas Spa

29T X 0630161 Y 4646517



Fonte do Sapo Spa

29T X 0631506 Y 4645453



Fontenova Spa

29T X 0630192 Y 4644127



Sousas

29T X 0630834 Y 4644222



Cabreiroá Spa

29T X 0630769 Y 4642799



**Chaves thermal baths –
Spa of the emperor**

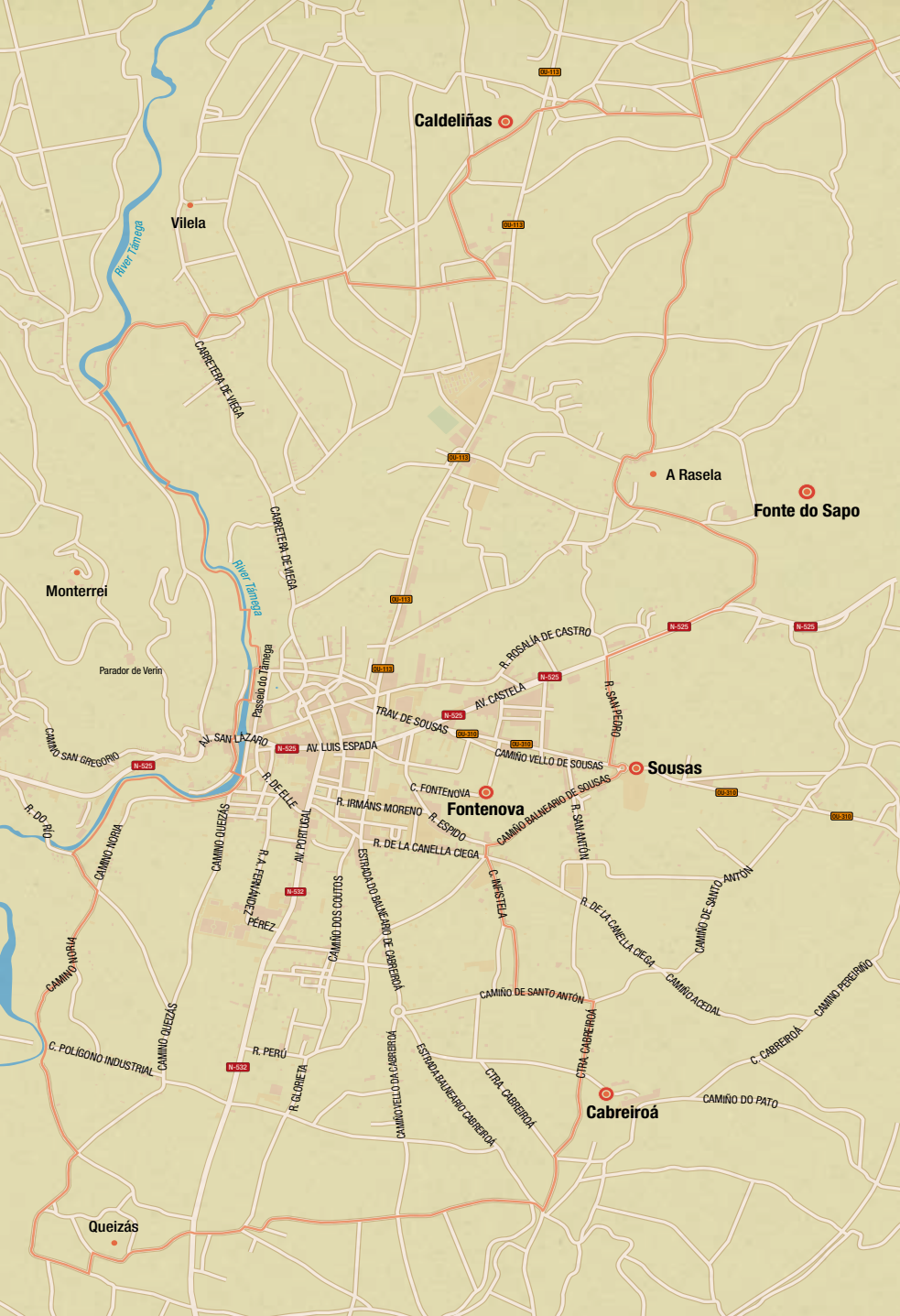
29T X 0626994 Y 4621784



**Vidago thermal baths –
Spa Vidago Palace**

29T X 0618697 Y 4609903





Caldeliñas

Vilela

A Rasela

Fonte do Sapo

Monterrei

Parador de Verín

Sousas

Fontenova

Cabreiroá

Queizás

River Támega

River Támega

CARRETERA DE VERA

CARRETERA DE VERA

Passo do Tamega

AV. SAN LÁZARO

R. DE LELLE

AV. LUIS ESPADA

TRAV. DE SOUSAS

CAMINO VELLO DE SOUSAS

C. FONTENOVA

CAMINO BALNEARIO DE SOUSAS

R. DE LA CANELLA CIEGA

R. SAN ANTON

R. IRMANS MORENO

R. ESPIDO

R. DE LA CANELLA CIEGA

CAMINO DE SANTO ANTON

ESTACION DO BALNEARIO DE CABREIROA

CAMINO DOS COITOS

CAMINO DE SANTO ANTON

CAMINO A CEDAL

AV. PORTUGAL

R. PERU

ESTRADA BALNEARIO CABREIROA

C. CABREIROA

R. A. FERNANDEZ PEREZ

C. DE LA CANELLA CIEGA

ESTRADA BALNEARIO CABREIROA

CAMINO DO PATO

R. DO RIO

C. POLIGONO INDUSTRIAL

ESTRADA BALNEARIO CABREIROA

CAMINO DO PATO

CAMINO MORIA

C. CABREIROA

ESTRADA BALNEARIO CABREIROA

CAMINO DO PATO

CAMINO QUEZÁS

C. CABREIROA

ESTRADA BALNEARIO CABREIROA

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CAMINO MORIA

C. CABREIROA

ESTRADA BALNEARIO CABREIROA

CAMINO DO PATO

THERMAL AND WATER ROUTE

21ST century's spa-goers

A new thermal culture



Inner part of Buvette Cabreiroá

Mineral waters are still one of Verín's main industrial and popularity icons. The modern bottling industry lives together with the spas that have attracted countless people to this region for over a century. The route starts at *San Lázaro's* neighborhood up to river Támeiga's surroundings, and passes throughout the five mining-medicinal springs.

The first spa is **Cabreiroá**, located 1 km away from the old part of Verín. The waters of this emblematic spring were declared public waters in 1906. Its main promoter was the local notable and businessman José García Barbón who, together with the certificate on the waters' curative properties issued by Ramón y Cajal, gave the final boost to the construction of the spa in 1909. The secret for the excellent quality of its waters resides in its spring and the natural surroundings it is located in; the extraction of water from over 100 meters depth guarantees its purity and the preservation of all its qualities.

Main route

Verín's urban center and surroundings

Total length 18.6 km

Necessary material

comfortable footwear and sportswear

Information

possibility of taking this route by bike



Cabreiroá Spring

The **spa of Sousas** is located in the outskirts of the town. The first premises date back from 1859, when its waters were declared public waters. Nowadays, the old stand and the spring it has inside are the only things which still remain.

The **spa of Fontenova**, formerly known as Espido's spring, was added in 1902 to this potential spa. According to some studies, its excellent properties were already known during the Roman period. In 1904, it was declared public water.

Finally, the hot springs of **Caldeliñas and Fonte do Sapo**, both located in the surroundings of the town and property of the local council. The first one, better known as *O Baño* ("The Bath") among neighbors, is currently in ruins, but its undamaged external structure is still a reminder of its magnificent past. Although there is not any historic reference until the early 20th Century, its history is complementary to the Sousas spring, since it offered the balneotherapy use that Sousas did not have, and it even belonged to the same owner. The spa was built on the 19th Century and, although it is currently in ruins after being closed for public access in 1960, one can still enjoy the beauty of this building.

The hot spring called **Fonte do Sapo** is the most popular one, located in a fresh and leafy place covered by stones, like a rustic fountain.



Path to Souse's Spring



Caldeliñas Spa Facade



Cabreiroá Hotel Facade



Fontenova



Fonte do Sapo Spring



CASA DO ASISTENTE (The assistant house)

Also known as *Casa do Escudo* (House of the Shield), it was built in 1737. It has a coat of arms on its main façade with the arms of Castro, Santa Cruz and Puga. It was declared historical heritage on the late 20th Century. Inside it we can find the pilgrim hostel, the exhibition rooms and the tourist information office.

Urban route of Verín

The urban route starts in the oldest part of Verín's town, an emblematic place where **Casa do Asistente** ("the Assistant House") is located, popularly known as **Casa do Escudo** ("the House of the Shield") built in 1737. It was declared historical heritage at the end of the last century and the pilgrim hostel, exhibition rooms and tourist office are found inside.

San Lázaro's chapel (16th century) is located in the surroundings, and the **cruceiro da Piedade** (17th century) is opposite to the chapel. Some houses presenting the typical structure of the old Verín are found near them.

The route continues to the bridge over river Tâmega, next to which we can see the ruins of the old walls. **Rúa Mayor** is the entrance to the old part of the town and is characterized by its numerous houses with coats of arms, reflecting the former noble, commercial and administrative

Main route

historical part of Verín

Total length 2 km

Estimated time

30 minutes on foot

Necessary material

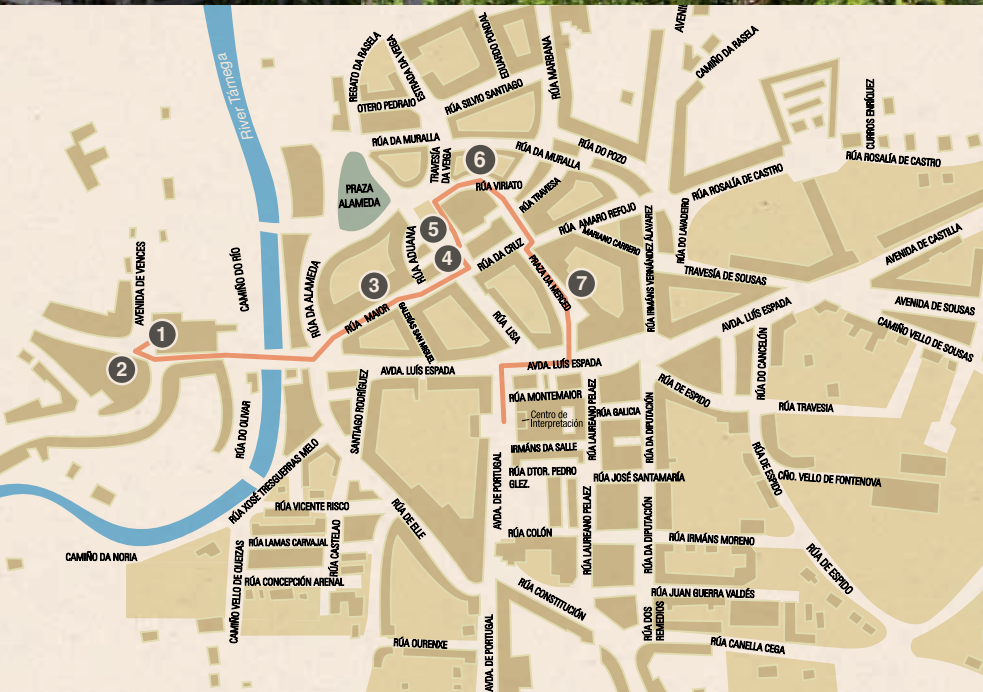
comfortable footwear and sportswear

Information

possibility of taking the route with children

CHURCH OF SANTA MARÍA A MAIOR

Building of the 17th Century with subsequent additions. On the inside it is the chapel of *Virxe das Dores* with a carving of *Nosa Señora* and the *Cristo das Batallas* attributed to the sculptor Gregorio Fernández.



- | | |
|--|--|
| <ol style="list-style-type: none"> 1. Casa do Asistente (The Assistant House) 2. San Lázaro's Chapel - Stone cross da Piedada 3. Church of Santa María a Maior 4. García Barbón Square | <ol style="list-style-type: none"> 5. Acevedo's House 6. Cigarrón Square 7. Church da Mercé and Mercedary Convent |
|--|--|



“O CIGARRÓN”;
main figure during Carnival
in Verín

importance. Following the street, we arrive at the parochial church, **Santa María a Maior**, which has an attached chapel, called Los Dolores because of the Virgin it had inside, together with the Christ of Battles (attributed to the sculptor Gregorio Fernández).

Rúa Maior leads out to **plaza de García Barbón**. Here, we find the **Acevedo's House** on one side, where King Felipe el Hermoso held a meeting with Cardinal Cisneros in 1506.

On the adjacent streets (*Viriato*, *Pozo* or *Traviesa*) there are emblematic sculptures such as the **Cigarrón**, the main figure on the Verín Carnival.

The **convent church da Mercé**, one of the most important monuments in the town, is near the square. The cloister, church and tower follow the Baroque style with neoclassical features. Inside, there are several pieces of imagery, such as the Virgin of *da Mercé* and the main altarpiece (17th century). The Mercedaries abandoned the building during the period of sale of Church lands. It then became prison and town hall until 1950.

Two other cultural centers located in the historical part of the town are the House of Culture and Verín's Visitor Centre. The first one contains the library, the cultural center and the auditorium; the building was donated by Mr. José García Barbón to the Salesians in 1893, with the aim of creating a school for the working class, which closed down in the 1960s.

The second building has three rooms providing information about the assets of Verín and the region through pictures: thermalism, heritage, gastronomy, etc., as well as other rooms holding temporary exhibitions.



CHURCH DA MERCÉ AND MERCEDARY CONVENT

The cloister, church and tower (1738) follow the Baroque style with neo-classical features. Inside, there are several pieces of imagery, such as the *Virxe da Mercé* and the main altarpiece (17th century), reliefs of Francisco de Moure (17th century) and the one of the Order foundation (17th century).



Historical part of the town: Rúa do Pozo



San Lázaro Chapel and stone cross



Royal path – access to the Castle



Támeга's ecofluvial route

Fluvial area of Támeга path

This route is part of a longer one that leads to Vidago. Támeга river runs through the Eurocity like a link between all our lands and villages.

Considering Verín's urban center as the starting point, the route takes us along river Támeга, through different landscapes: urban, rural and finally, an area of great natural value.

The first stretch is about 600 m long and runs along the river, surrounded by constructions, different public places of Verín's urban center, gardens and areas suitable for bathing, such as the fluvial beach. In this part, there are several bridges over Támeга river, the oldest one being called *San Lázaro* (1853).

The second stretch is around 1,600 m long, near the river, and it is a semi-urban area of rural nature characterized by its diversity: on the left, there is a pedestrian path, 3-meter-long dirt tracks taking to houses and gardens, public faci-

Main route

from Támeга's urban area to Bosque del Placer

Total length 4 km

Estimated time
50 min.

Necessary material

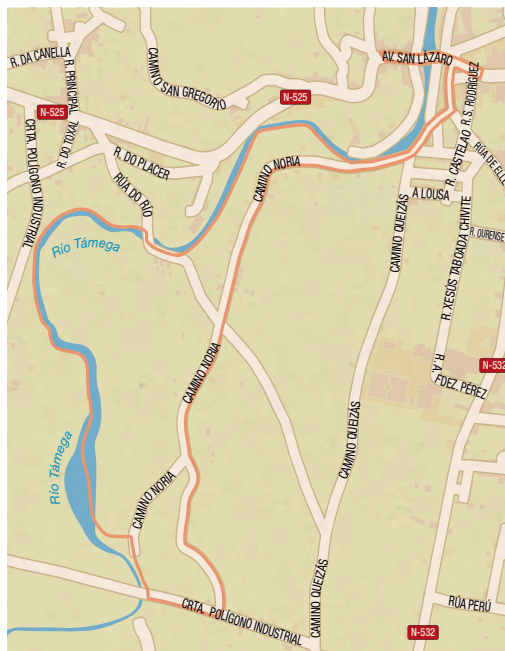
comfortable footwear
and sportswear

Information

the route can be taken
by bike, on foot and with
children

ilities such as courts, parks and picnic areas, as well as a small section of asphalted road leading to detached houses.

The last part of the route crosses a fluvial ecosystem of around 1,200 meters, characterized by dense vegetation and its landscape and ornithological interest. It is part of Natura 2000 scheme, crossed by a path that combines flat areas and sheer slopes.



Urban surroundings of Tamega river



Fluvial area of Tamega path



Surroundings of Tamega river



Urban route of Chaves

Trajan's roman bridge

The urban route starts exactly on the ex libris of Chaves, the **Roman bridge**, also known as **Trajan's bridge**.

After crossing the bridge, the *Aquae Flaviae* thermal baths are located on the right side; they are a real spa in the Roman period. They were supposed to be therapeutic thermal baths related to the treatment of different diseases. They were discovered in 2004, being the most important Portuguese Roman spa, considered since December 2012 as National Monument, which will origin the Roman **Thermal Bath Museum of Chaves**.

If we continue along the **Direita street**, we can see the multicolored wood balconies decorated with flowers, which characterize this street with medieval features. It ends on the República square, where the "**pelourinho**" is placed, of manueline style, built in the 16th century and symbol of judicial autonomy. Keeping on with our route, we arrive at Camões square, where

Main route

Chaves' urban center

Total length 2.1 km

Estimated time

30 min on foot

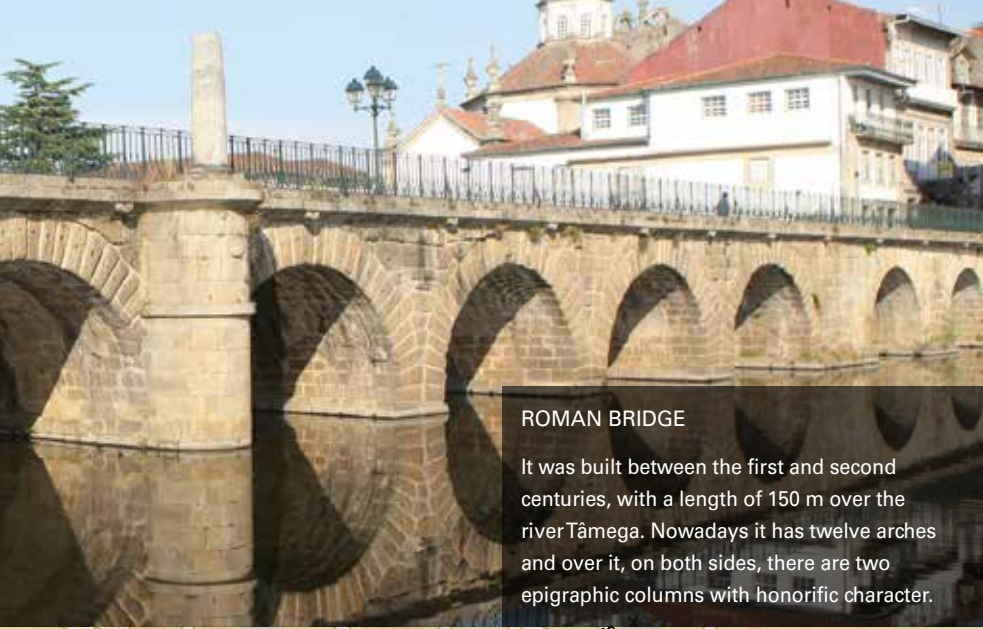
Necessary material

comfortable footwear and sportswear

Information

the route can be taken by bike, on foot and with children

- 1 Roman bridge
- 2 Roman thermal baths
- 3 Balconies of Direita street
- 4 Pelourinho
- 5 Mother church of Santa Maria Maior
- 6 Misericórdia church
- 7 Dukes of Bragança's Pazo/Museum of the Flaviense Region
- 8 Municipal Chamber of Chaves
- 9 Torre de Menagem (Tribute Tower) of Chaves Medieval Castle
- 10 Chaves thermal baths - SPA of the Emperor



ROMAN BRIDGE

It was built between the first and second centuries, with a length of 150 m over the river Tâmega. Nowadays it has twelve arches and over it, on both sides, there are two epigraphic columns with honorific character.





Camões square

the most emblematic buildings of the city are located. The main **church Santa Maria a Maior** is a building made up by several styles due to the different restorations and additions along the centuries. On its side there is the **Misericórdia church**, of baroque style built at the end of the 17th century. On the inside, the walls are covered by decorated tiles from the 18th century, illustrating patterns and biblical scenes. The main altarpiece and a painting of 1743 stand out on the wood ceiling with the Visitation scene.

The Duke of Bragança's Pazo is located in the same square. This building was built in the 15th century as a residence for Alfonso I, duke of Bragança. Its current aspect dates back to the 18th century, time in which it took over military functions. During this period, the appearance of the building became monumental, with a long portal, decorated with laborious and artistic royal weapons made of stone. Since 1978, the building started being the place for the dependences of the Museum of the Flaviense Region, founded in 1929, where the Archaeology and Prehistory sections stay.

Next to it, we can find the building that hosts the **Municipal Chamber of Chaves**, built in the 19th century as a building plot for the residence of Vilar de Perdizes' heir, then sold by its owner in 1861 to the council for its new offices.

MOTHER CHURCH OF SANTA MARIA MAIOR

Romanesque in origin, it was restored in the 16th century, based on Renaissance models from the time, integrating in the structure two marvelous Renaissance facades.



Pelourinho



Museum of the Flaviense Region



Thermal baths *Aquae Flaviae*



Chaves balconies

MEDIEVAL CASTLE

Currently, it still has the *Torre de Menagem*, possibly built in the 13th century, and remains of the walls that used to surround the ancient citadel. Together with the forts of São Francisco and São Neutel, it was declared National Monument in 1938 and, since 1978, it houses the Military Museum.



Torre de Menagem (Tribute Tower)

The remains of the medieval castle, the **Torre de Menagem (Tribute Tower)**, possibly built in the 13th century, are next to the Chamber. In 1938 it was declared National Monument and since 1978 it hosts within its wide walls the Military Museum, with four exhibition rooms which show the Portuguese military history. From the top of the tower, there is a wonderful panoramic view of the valley of Chaves, of the wall and the gardens.

Finally, the Chaves **Thermal Baths – SPA of the Emperor**. Its waters are in the Roman origin and name of the city because its therapeutic properties were already really appreciated by the Roman people. These waters have a unique composition in the Iberian Peninsula; they emerge at 73°C.

The secular experience characteristic to them, together with the constant modernization and update of the techniques and equipment, make the **thermal waters of Chaves** one of the most remarkable spas of the Iberian Peninsula.

On the outside we can find the buvette and the village fountain, which offer for free the possibility of tasting a sip of thermal water, which equals health.



Chaves Thermal baths – SPA of the Emperor



Cycle lane route of Chaves

Cycle lane of Chaves

This route includes a longer itinerary that will continue until Verín, following the course of river Tâmega, connecting the territory of the Eurocity Chaves-Verín.

The route combines a great landscape and natural value part and another one with urban character. It starts near the **bridge of Galinheira**, on the left bank of the river, going through green spaces, farming pieces of land and market gardens, until it arrives at the urban area of the Alameda de *São Roque*, in the parish of the *Madalena*. At this point, we can observe the Royal Hospital, built in the 17th century and, linked to this, the church of *São João de Deus*, dated from the 18th century.

Getting to the avenue of the *Madalena*, it continues on the river banks on the **Public Garden** direction. It is the oldest garden in town, opened in year 1901, an emblematic place in Chaves that throughout the times was preferably dedicated to the population's break and joy. The extensions with big leafy tress, the century-old cedars and the traditional kiosk are remarkable in this space.

Main route

from the bridge of the Galinheira, following the course of river Tâmega, until the urban area of Chaves

Total length 4.5 km

Estimated time

30 min by bike

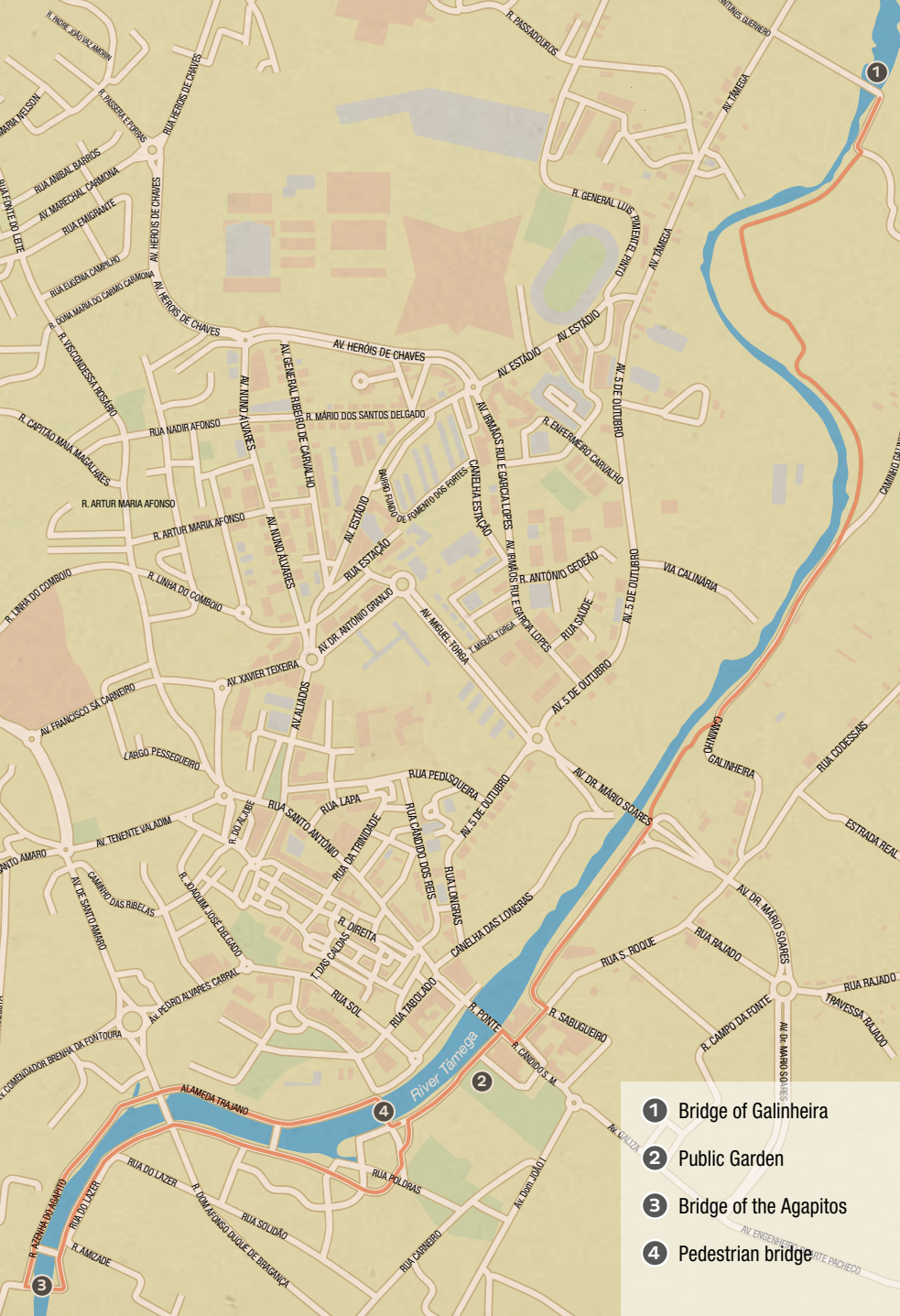
Difficulty minimum

Necessary material

comfortable footwear and sportswear

Information

the route can be taken by bike, on foot and with children



- 1 Bridge of Galinheira
- 2 Public Garden
- 3 Bridge of the Agapitos
- 4 Pedestrian bridge



Banks of the river Tâmega in Chaves

Continuing the route, we get to the urban park, where the presence of water and green is constant. An ideal space to enjoy with a walk or by bike, a real oasis in the heart of the city. Following the left bank of the river, it continues over the **bridge of Agapitos**, that crosses the river towards the other bank. The route goes now on the opposite direction, passing the Alameda de Trajano, towards the pedestrian bridge, crossing the river again. From the **pedestrian bridge**, we can observe the small stones that cross the river and which were a linking point of the two banks throughout the years, being nowadays accessible, serving as leisure zone both for locals and visitors that do not miss the opportunity of challenging the journey through the river by jumping from stone to stone.

The **pedestrian bridge** connects the leisure areas in the banks of the river, making visible the continuity of the gardens of both banks, the Tabolado Garden and the **Public Garden**. This bridge was built in year 2008 within the frame of intervention of the Polis Program, which rezoned the area near the river banks, originating the implementation of a green zone cycle lane in the heart of the urban center of the city. This area is by far the best leisure area that is increasingly a reference point for outdoor sports and leisure activities in harmony with nature. The pedestrian bridge can be considered a present, modern piece of art, with a transparent and subtle style, consisting of a tower with a brace basis that fits easily in the landscape.



Banks of the river Tâmega in Chaves



Pedestrian bridge in Chaves



Urban route of Vidago

Railway station of Vidago

When we get to the town of Vidago, the first place to visit of the rural route is the **parish church of Nossa Senhora da Conceição**, located in the intersection of avenida Conde Caria with calle Faria de Morais. This Neo-Romanesque church was built on the first half of the 20th century. It is a religious building surrounded by a wide atrium, with the main facade decorated with a rose window. It shares features with the Romanesque churches in the North of Portugal.

Continuing through the same avenue, on the left side, there is a tree line that ends in the **old railway station**. The railway line of Valle do Corgo arrived in Vidago in 1910. It was with no doubt an important station because of the affluence of visitors that arrived in the village, thanks to the undeniable value of the mining-medicinal waters and the existence of one of the first hotels in the Peninsula. Nowadays, the facilities of the railway station will house the Pedagogical Spa of Thermal Research and Practices of Vidago.

Main route

urban center of Vidago

Total length 3.5 km

Estimated time

50 min on foot

Difficulty minimum

Necessary material

comfortable footwear and sportswear

Information

the route can be taken by bike, on foot and with children



PARISH CHURCH
NOSSA SENHORA
DA CONCEIÇÃO

Neo-Romanesque style,
its construction was started
in 1933, and it is surrounded
by a wide atrium with
hundred-year-old trees.



- 1 Church Nossa Senhora da Conceição
- 2 Railway Station
- 3 Vidago Palace Hotel
- 4 Fountain 1
- 5 Salus fountain



Vidago Palace Hotel

Going back to the avenue, we find the luxurious **Vidago Palace Hotel**, which has various fountains of the famous thermal waters in its park. The fame of the waters from Vidago was spread, giving the village a period of great splendor in the second half of the 20th century, receiving the visit of kings and nobles in consecutive occasions. The discovery of the waters in 1863 was attributed to a farm worker who, having a stomach ache, drank from a water well, improving immediately from his pain and spreading his finding.

As time went by, Vidago became a spa-thermal bath stay with a 40-hectare-park, where there are 40 different arboreal species, some of them one hundred years old. The buvettes and the old spa, together with the Palace Hotel constitute a calm and relaxing park.

The waters of Vidago, bottled since 1886, can be tasted directly in one of the two fountains that appear in the surface in the Vidago Palace park, from North to South, the **Vidago 1** and the **Nascente de Salus**.

The *buvette* from the **Vidago 1** is an interesting building with its Arab-influenced pavilion, followed by a gallery and a balcony to rest and for the ingestion of the waters. The *buvette* de **Salus** was built shortly after the First World War, with a classic façade made on stone and an interior with industrial environment of that time.



Fountain Vidago 1 Facade



Inner part of the Fuente Salus



Golf Vidago

The chemical composition of water is slightly different from one fountain to another, sharing a high mineral content of iron, which is supposed to have therapeutic properties. It is recommended that the visitors follow the water route taking a small daily dose from every fountain, following the park paths from fountain to fountain. The valuable mineral water, naturally carbonated, is considered the best bottled water of the Peninsula, under the brands of Vidago and Campilho.

The luxurious **Vidago Palace** Hotel is located inside of the park of Vidago, opened in 1910. It is appreciated as a thermal retreat by the European elite, who used to come enjoy the famous waters of Vidago.

One hundred years after its opening, the big hotel is reborn again, thanks to the recovery work of the decorators José Pedro Lopes Vieira and Diogo Rosa Lã, and embellished with the incorporation of a renewed spa projected by the worldwide well-known architect Álvaro Siza Vieira.

Nowadays, the Hotel offers a series of services to its guests, such as a golf field with 18 holes, clubhouse, tennis field, swimming pool, guided walking tours through the park, besides the restaurant and conference center.

Thanks to all these factors, the village of Vidago is now an international tourist destination.



Interior of fountain 1 in Vidago



Spa Vidago Palace



Salus fountain



Águas Vidago (Waters Vidago)



Route's complementary offer

Chaves' Casino

Welfare and health, thermalism and water are complemented by several leisure proposals that can be enjoyed in places such as Chaves' Casino or the 18-hole golf course of Vidago Palace Hotel.

The offer is completed by the tasting of quality wines with designation of origin, since Monterrei is a white *Godello* and red *Mencia*, to which this land has given a particular personality. The visitor can enjoy the wines from the Valley of Monterrei, which have moved up in the Galician and foreign market very quickly. Vine crops take up 3,000 hectares, 720 of which have the Monterrei's designation of origin (D.O.), counting on over 600 vine growers, 25 wine cellars and one million bottles containing around 2,000,000 kg of grapes, 65% white and 35% red grapes.

A quality wine is also produced in the hillsides of Chaves and Vidago, commercialized through the cooperative wine cellars of Chaves and Oura, and the Quinta de Arcossó.

The wine from the territory of the Eurocity can be tasted accompanied by some gastronomic specialties of the region such as roast kid or lamb, bread crumbs, trout casserole, corn, stew, bean stew, codfish, hunting meat, octopus, assorted Spanish tapas, ham and a great variety of smoked cured pork meat.



Wine tasting in Monterrei



Golf Vidago



Santiago's way



Shopping

Commercial area of Chaves

There is no doubt that the Eurocity is a territory that has always been oriented to the tertiary sector and one of its main activity focuses is commerce, which fulfills a basic mission of maintenance revitalization of the public space without forgetting its contribution to the development of the local economy, since it is one of the main sources of wealth and employment in both municipalities.

Considering the strategic value that the tertiary sector means, the commercial associations of business owners and shop keepers make an effort to compete and improve their position through dialogue with the public administrations and develop promotion common actions in their commerce influence area.

The commerce in both municipalities is formed by small establishments, located in the most central areas, with a varied and quality offer. They are, in short, small establishments close to the citizens,



García Barbón square in Verín

where experience and professional treatment are a must for these businessmen.

The oldest shopping area of the village is located in the old town of Verín. The streets Mayor, Lisa, Calle de la Cruz and Amaro Refejo house the most traditional premises. Besides, a simple stroll is worth in order to admire in order to admire the architecture of the historical area at the same time. Handmade sweets, freshly baked bread, handmade preserves and marmalades, fresh vegetables and fruit. Their lovers should not miss the opportunity of going to these streets in case they want to appreciate the charm of the monumental area.

Do not hesitate and stop in this route if you want to get to know in detail its Cigarrón square, and of course García Barbón square, unavoidable meeting point during the festivities; while we go shopping, we can taste a delicious sweet (*lenguas de Obispo, cañas fritas...*)



Cañas fritas, typical dessert in Verín

or enjoy a Spanish tapa accompanied by a wine with designation of origin Monterrei, in one of the various bars that appear on our route in the old town.

In the main roads of the municipality like the street Luis Espada and the Avenida de Portugal there are financial entities, shops, service companies and administrative buildings. In the streets Laureano Peláez, Deputación and Hermanos Moreno, we have a wide range of possibilities to cover your leisure and purchase necessities. This area is a must, especially during summer, because of the large number of terraces from the nearby bars. The pedestrian street Montemaior has a vast hotel and catering offer, ideal to get a snack and go do some window shopping in fashion and complement shops.

Tradition and modernity go together in a municipality where establishments with great roots in the locality live together with the best selection of country products, fashion and complements, the most exclusive shoes, hairdressers,

AECOM

Rúa Doutor Pedro González,
nº 5, bajo
Phone: +34 988 683 827
+34 608 598 386
aecomverin@hotmail.es

AEVER

centro comercial aberto
Rúa Doutor Pedro González,
nº 5, bajo
Phone: +34 988 414 289
+34 630 354 869
info@ccaverin.com

Opening times

The commercial opening times in the locality of Verín are from 10 am to 1:30 pm and from 4:30 pm to 8:30 pm.



Typical sweet from Verín, *tarta do Cigarrón* and preserves

shoe reparation, optician's shops and the possibility of a snack in one of the multiple restoration shops distributed throughout the village.

Every month on the days 3, 11 and 23 the García Barbón and Alameda squares house a traditional and highly visited street market with a wide range of products, from 9 am to 2 pm. You will be able to do your shopping for really affordable prices: fresh products from the garden, widgets for the land, plants, furniture, antiques, clothes and endless items. When it is time for lunch, tradition still rules: *pulperías*, are spread around the village, they prepare the best octopus with copper pots, scissors, wooden table, the best olive oil, paprika and cooking salt to the consumer's preference.

Nowadays, Chaves' commercial activity is a hundred-year-old tradition because of various reasons: on the one side, the proximity to the border, which naturally promotes the exchange of products; on the other side, the range of gastronomic options full of flavor, tradition and quality, which sharpens the senses of the visitor, as well as the handmade products of the region, a know-how that was kept by different generations, where clay ceramic near Vilar de Nantes is remarkable.



Sabores de Chaves (Flavours of Chaves)



Chaves is, with no doubt, a real open shopping center, where what prevails are traditional stores and small family shops which are spread in the different big roads of the city, especially on the streets Direita, Santo Antonio, Cândido dos Reis, Longras and Cândido Souto Maior. Apart from traditional trade, the department stores in the avenue Duarte Pacheco and the City Park in the avenue da Cocanha also stand out.

Hand in hand with shopping centers, Chaves also has several fairs, some of them dedicated to selling assorted products and some others more specialized in typical products of the region. The traditional weekly fair takes place every Wednesday. In this fair, they sell “a little bit of everything” and, throughout the year several specialized fairs take place, specialized in regional products, under the brand “Sabores de Chaves”. Once a year, the still traditional “Feira dos Santos” takes place. It is one of the biggest events of the flaviense city, which energizes all the local trade, attracting thousands of visitors.

In Chaves, the visitor can enjoy a great variety of *chorizos* (Spanish mildly spicy pork and paprika sausage) and other pork products, without forgetting the famous ham from Chaves.

ACISAT

Associação Empresarial do Alto Tâmega

Rua Coronel Bento Roma 1°
Apartado 113 - 5400-114
Chaves

Phone: +351 276 332115

+351 276 332579

Fax: +351 276 318096

www.acisat.pt

acisat@mail.telepac.pt

PROCENTRO

Associação para a Promoção do Centro Urbano de Chaves

Terreiro de Cavalaria

Edifício Posto de Turismo

5400-458 Chaves

Phone/Fax:

+351 276 332 970

info@procentrochaves.com

Opening times

The commercial opening times in Chaves and Vidago is from 9 am to 1 pm and from 3 pm to 7 pm.





Commercial area in Chaves

We should add the pastel de Chaves, wine, chestnuts, liquors and fruit compotes.

In Vidago, the main commercial areas are located along the national road 2, in the Miguel de Carvalho square, avenue Conde Caria and on the street de la Plaza. In these areas there are assorted shops, supermarkets, taxi stops, kiosks, coffee shops and restaurants, among others.

Apart from the traditional trade, every Thursday Vidago celebrates its weekly fair, in the avenue Faria de Morais, where lots of assorted products are sold. The fair of products from the land and handmade products takes place in October, reporting the main economic activities of the village and where commercial, farm and handmade products are sold.



Sleeping

VERÍN

Parador de Verín***

Rúa Castelo s/n.
32619 Monterrei
Tel.: +34 988 410 075
verin@parador.es
www.parador.es

Hotel Villa de Verín*

Rúa Montemaior, 14
32600 Verín
Tel.: +34 988 411 981
info@hotelvilladeverin.com
www.hotelvilladeverin.com

Hotel Dos Hermanas*

Avda. de Sousas, 106
32600 Verín
Tel.: +34 988 410 280

Hostal Brasil*

Avda. Castilla, 7
32600 Verín
Tel.: +34 988 410 249

Hostal O Augueiro*

Avda. de Sousas, 117
32600 Verín
Tel.: +34 988 410 471
augueiroverin@yahoo.es

Hostal Ribeiro*

Avda. de Castela, 69
32600 Verín
Tel.: +34 988 411 532

Hostal San Luis*

Fonte do Sapo, 1
32600 Verín
Tel.: +34 988 410 900

Hostal San Roque*

Avda. Castilla, 67
32600 Verín
Tel.: +34 988 411 429
roque-racing@hotmail.com

Hostal Venecia 2*

Rúa Viriato, 1
32600 Verín
Tel.: +34 988 410 864

Pensión Lugano

Rúa Amaro Refojo, 14
32600 Verín
Tel.: +34 988 410 391

CHAVES

Forte de San Francisco

Hotel ****

Alto da Pedisqueira
5400-435 Chaves
Tel.: +351 276 333 700
webmaster@forte-s-francisco-hotels.pt
www.forte-s-francisco-hotels.pt

Hotel Casino de Chaves****

Lugar do Extremo – Valdanta
5400-581 Chaves
Tel.: +351 276 309 600
reservations-strawberryworld@
hotelcasinochavesportugal.com
www.hotelcasinochavesportugal.com

Hotel Rural Casa de

Samaiões****

Lugar de Samaiões
5400-574 Chaves
Tel.: +351 276 340 450
info@hotel-casasamaioes.com
www.hotel-casasamaioes.com

Hotel Rural de Casas Novas****

Rua Visconde do Rosário, 1
5400-727 Casas Novas,
Redondelo - Chaves
Tel.: +351 276 300 050
geral@hotelruralcasasnovas.com
www.hotelruralcasasnovas.com

Albergaria Jaime***

Rua Joaquim José Delgado
5400-332 Chaves, 1
Tel.: +351 276 301 050
reservas@albergariajaime.com.pt

Hotel Albergaria Borges***

Lugar da Fonte Outeiro de Jusão
5400-575 Outeiro de Jusão -
Chaves
Tel.: +351 276 351 450/1
www.albergariaborges.com

Hotel Aque Flaviae***

Praça do Brasil
5400-123 Chaves
Tel.: +351 276 309 000
hotelaqueflaviae@mail.telep.pt
www.hoteis-arco.com

Petrus Hotel ***

Rua Família de Camões, Ed.
Solar Flaviense, 20
5400-239 Chaves
Tel.: +351 276 351 409
info@petrushotel.com
www.petrushotel.com

Hotel Encosta de Nantes ***

Rua Rainha Dona Mafalda, 81
5400-581 Chaves
Tel.: +351 276 322 033
www.encostasdenantes.net

Hotel 4 Estações**

Av. Duarte Pacheco, 102
5400-223 Chaves
Tel.: +351 276 333 986
residencial4estacoes@sapo.pt

Hotel Brites**

Av. Duarte Pacheco, 212
5400-223 Chaves
Tel.: +351 276 332 777
residencialbrites@gmail.com

Hotel Kátia**

Rua do Sol, 32
5400-517 Chaves
Tel.: +351 276 324 446

Hotel São Neutel*

Av. 5 de Outubro, 106
5400-017 Chaves
Tel.: +351 276 333 632

Pensão Casa das Termas Residencial

Rua do Tabolado, Edifício
Caldas, bloco 7
5400-523 Chaves
Tel.: +351 276 333 280

Pensão Jardim das Caldas

Residencial
Alameda do Tabolado, bloco 5
5400-523 Chaves
Tel.: +351 276 331 180
jardimdasaldas@mail.telepac.pt
www.residencialjardimdasaldas.com

Pensão Bom Caminho

Residencial
Campo da Fonte, 9
5400-160 Chaves
Tel.: +351 276 322 743
residencialbomcaminho@
hotmail.com

Casa de Oucidres

Rua Principal
5400-658 Oucidres - Chaves
Tel.: +351 276 945 031
casa_de_oucudres@hotmail.com
www.casadeoucudres.com

Casa da Pastoria

Lugar de Pastoria
5400-728 Redondelo - Chaves
Tel.: +351 276 328 505 / 276 32
geral@casadapastoria.com

Casa do Meio do Povo

Rua Central, 13
Redondelo - Chaves

Quinta de Santa Isabel

Lugar de Santo Estevão
5400-750 Chaves
Tel.: +351 276 351 818
lisete.sarmiento@sapo.pt
www.quintadesantaisabel.
com.pt

Casa da Vinha Velha

Cruzamento da Vinha Velha,
Sesmil
5400-759 São Pedro de
Agostém - Chaves
Tel.: +351 276 346 514

Casa da Lúcia

Ponte de Paradela
5400 São Pedro de Agostém
- Chaves
Tel.: +351 276 324 741

Quinta da Mata

Nantes - Apartado 194
5401-909 Chaves
Tel.: +351 276 340 030
quintamata@mail.telepac.pt
www.quintadamata.net

Quinta do Lombo

Estrada de Valpaços
5400-579 Chaves
Tel.: +351 276 321 404

Quinta do Real

Matosinhos- St^o Leocádia
5400-740 Chaves
Tel.: +351 276 966 253
quintadoreal@sapo.pt
www.quintadoreal.com

Casa de France

Rua de Santa Bárbara 6
5400-643 Moreiras - Chaves
Tel.: +351 276 965 453
casadefrance@gmail.com
www.casadefrance.com

Parque de Campismo Quinta do Rebentão

Quinta do Rebentão
Vila Nova de Veiga - Chaves

VIDAGO**Vidago Palace Hotel *******

Parque de Vidago
5425-307 Vidago
Tel.: +351 276 990 920
reservations@vidagopalace.com
www.vidagopalace.com

Primavera Perfume Hotel***

Av. Conde Caria, 2
5425-307 Vidago
Tel.: +351 276 907 230
mrbrancorodrigues@gmail.com

Solar de Oura

Rua do Olmo, 37
Oura - Vidago
Tel.: +351 276 999 070
info@solardeoura.pt

Quinta do Olival

Rua da Fonte 4-A
5425-502 Vilas Boas - Vidago
Tel.: +351 276 907 157
geral@quintadoolival.net
www.quintadoolival.net



Eating out

VERÍN

Restaurante Lugano
Rúa Amaro Refojo, 14
32600 Verín
Tel.: +34 988 410 391

Mesón Vagalume
Rúa Maior, 4
32600 Verín
Tel.: +34 988 412 315

Restaurante Venecia
Rúa Lisa, 13. 32600 Verín
Tel.: +34 988 410 864

Restaurante Dos Hermanas
Avda. de Sousas, 106
36200 Verín
Tel.: +34 988 410 280

Restaurante Támeqa
Avda. de Sousas, 83
32600 Verín
Tel.: +34 988 410 600

Restaurante O Augueiro
Avda. de Sousas, 117
32600 Verín
Tel.: +34 988 411 026

Restaurante A Fonte
Avda. de Sousas, 100
32600 Verín
Tel.: +34 988 411 731

Restaurante San Antón
Rúa San Antón, 15
32600 Verín
Tel.: +34 988 412 072

Restaurante Pazo do Carregal
Mercado comarcal, Lonja
agropecuaria, s/n.
32600 Verín
Tel.: +34 618 617 128

Restaurante Parada
Estrada de Laza, 3
32600 Verín
Tel.: +34 988 410 036

Asador O Castelo
Estrada de Laza, 166
32600 Verín
Tel.: +34 988 412 472

Restaurante O Meu Lar
Avda. de Laza, 57
32600 Verín
Tel.: +34 988 412 662

Mesón do Emil
Avda. Luis Espada, 21
32600 Verín
Tel.: +34 988 411 428

Restaurante Casa Zapatillas
Avda. Luis Espada, 32
32600 Verín
Tel.: +34 988 410 729

Restaurante Brasil
Avda. de Castilla, 7
32600 Verín
Tel.: +34 988 410 249

Casa Manola
Avda. de Castilla
32600 Verín
Tel.: +34 988 410 249

Restaurante San Luis
Fonte do Sapo - Avda. de
Castilla, 1
32600 Verín
Tel.: +34 988 410 900

Restaurante San Martín
Avda. de Castela, s/n.
Barrio da Cruz Vermella
32600 Verín
Tel.: +34 988 414 094

Restaurante San Roque
Estrada de Castela, 67
32600 Verín
Tel.: +34 988 411 299

Parrillada A Lousa
Rúa Castelao, 3
32600 Verín
Tel.: +34 988 411 941

Hamburguesería Franchesco
Rúa Montemaior
32600 Verín
Tel.: +34 988 411 179

Restaurante Alambique
Avda. de Portugal, 6
32600 Verín
Tel.: +34 988 410 533

Restaurante Alambique II

Avda. Constituição, 14
32600 Verín
Tel.: +34 988 412 272

Restaurante Casa do Pulpo

Avda. de Portugal, 24
32600 Verín
Tel.: +34 988 410 886

Restaurante Rías Baixas

Estrada de Verín - Portugal
32600 Verín
Tel.: +34 988 412 540

Vinoteca Adega Canedo

Al lado del río

Helvético

Rúa Alameda, 4
32600 Verín
Tel.: +34 988 411 067

Tapería Jamón-Jamón

Avda. Luis Espada, 16
32600 Verín
Tel.: +34 636 805 439

Pizzería Italia

Rúa As Flores, 1
32600 Verín
Tel.: +34 988 411 232

Star-Pizza

Galerías San Miguel, 6
Tel.: +34 988 414 055

Pizzería Monterrei

Rúa Hermanos Moreno, 3
Tel.: +34 988 411 535

A Tasquiña

Avda. de Sousas, 56
32600 Verín
Tel.: +34 988 410 825

Café Rock José

Rúa Hermanos Moreno, 3
32600 Verín
Tel.: +34 988 413 972

Hamburguesería-Bocatería**Canasta**

Rúa Hermanos Moreno, 22
32600 Verín
Tel.: +34 988 413 697

Pizzería-Spaghetteria**"Da Pietro"**

Rúa Espido, 69
32600 Verín
Tel.: +34 687 778 512

Mesón O Candil

Rúa Estrada Nacional 525
Tel.: +34 988 411 120

Restaurante Gallego

Rúa Estrada Nacional 525-
Albarellos 29
Tel.: +34 988 418 202

Parador de Turismo**de Monterrei**

Estrada N-525, a 4 km de Verín
Tel.: +34 988 410 075

CHAVES**Adega da Luz**

Rua Bispo Idácio, 42-A
5400-303 Chaves
Tel.: +351 276 325 981

A Casa do Manco

Av. da Trindade, 20
5400-676 Chaves
Tel.: +351 276 342 577

A Lareira

Estrada de Samaiões,
Lugar do Barroco, 4
5400-574 Chaves
Tel.: +351 276 326 046

A Muralha

Av. 5 Outubro
5400-017 Chaves
Tel.: +351 276 327192

A Talha

Bairro da Trindade
5400-443 Chaves
Tel.: +351 276 342 191

Albergaria Borges

Estrada Nacional 2
5400-575 Outeiro Jusão - Chaves
Tel.: +351 276 351 451

AJ

Av. Joaquim J. Delgado
5400-322 Chaves
Tel.: +351 276 301 050

Aprigio

Largo Trás do Calvário
5400-547 Chaves
Tel.: +351 276 321 053

Atrium

Ed. Mira Rio r/c, loja 1 e 2,
Canto do Rio
5400-175 Chaves
Tel.: +351 276 331 939

Aurora

Rua Bispo Idácio, 62
5400-303 Chaves
Tel.: +351 276 351 280

Auto Viação Tâmega

Largo Estação
5400-231 Chaves
Tel.: +351 276 323 752

Avenida Bairro

Cincochaves, ed. Brasil
5400-419 Chaves
Tel.: +351 276 321 722

Bela Vista

Rampa Alto da Forca, 22
5400-043 Chaves
Tel.: +351 276 328013

Bitoque

R. Artur Maria Afonso, 12
5400-095 Chaves
Tel.: +351 276 346 044

Caçarola

Av. Santo Amaro, Ed. Xavier, 1
Sta. Maria Maior
5400-055 Chaves
Tel.: +351 276 322 985



Forte São Francisco (San Francisco's Fort)

Calhambeque

Avenida do Tâmega
5400 Chaves
Tel.: +351 276 323 034

4 Caminhos

5400 Vilar de Nantes - Chaves
Tel.: +351 276 324 772

Campismo

Rua de São Roque
5400-504 Chaves
Tel.: +351 276 332 425

Canjirão

Campo da Roda
5400-156 Chaves
Tel.: +351 276 323 421

Carvalho

Alameda do Tabulado
5400-523 Chaves
Tel.: +351 276 321 727

Casa de Fados Leo

Rua Bispo Idácio, 26
5400-303 Chaves
Tel.: +351 276 400 138

Casablanca

Av. Raposeira, ed. Casablanca,
r/c, loja 10
5400-482 Chaves
Tel.: +351 276 333 851

Castanheiro

Av. da Galiza, 91
5400-293 Chaves
Tel.: +351 276 322 575

Chave D'Ouro

Alameda do Tabulado, bloco 5
5400-523 Chaves
Tel.: +351 276 331 189

Chaves Douradas

Av. D. João I
5400-323 Chaves
Tel.: +351 276 321 762

Colinas do Sol

Rampa do Alto da Forca, 22
5400-043 Chaves
Tel.: +351 276 321 170

Copacabana

Rua do Sol, 38
5400-517 Chaves
Tel.: +351 276 323 570

**Convento Forte de
San Francisco**

Forte de San Francisco
Chaves

Cruzeiro

Bairro da Triunfo
5400-556 Chaves
Tel.: +351 276 321 173

Cubata

Campo da Fonte, 12
5400-161 Chaves
Tel.: +351 276 322 179

Dom Pinto

Quinta da Trindade bloco 64,
loja 2
5400 Chaves
Tel.: +351 276 326 919

Fátima Costa

Rua do Sol, 42
5400-517 Chaves
Tel.: +351 276 324 130

Flávia

Travessa Cândido dos Reis, 12
Chaves

Flor do Tâmega

Av. Bracara Augusta -
Fonte Nova
5400-122 Chaves
Tel.: +351 276 324 888

Grelha

Largo 8 de Julho, 11
5400-018 Chaves
Tel.: +351 276 324 163

Hamburgo

Estrada Nacional 103-5
5400-750 Santo Estêvão
Chaves
Tel.: +351 276 324 135

Jardim

D. João I, 204
5400-323 Chaves
Tel.: +351 276 325 771

Kátia

Rua do Sol, 28
5400-517 Chaves
Tel.: +351 276 327 703

Kimbo

Bairro Céu
5400 Outeiro Jusão - Chaves
Tel.: +351 276 346 504

KM 10

EN 2 Vilela do Tâmega
5400 Chaves
Tel.: +351 276 346 175

Leonel

Rua D. Gualdim Pais -
Campo da Roda
5400-298 Samaiões - Chaves
Tel.: +351 276 323 188

Libório

Avenida do Tâmega
5400 Chaves
Tel.: +351 276 341 177

Machado

Quinta Caramachão, bloco 2,
loja 2
5400 Chaves
Tel.: +351 276 327 803

Millenium

Urb. da Raposeira
5400-082 Chaves
Tel.: +351 276 321 763

Miradouro

Estrada nacional 213 -
Ribeira Pinheiro Cela
5400-611 Cela - Chaves
Tel.: +351 276 333 067

O Bonzão

Av. Xavier Teixeira
5400 Chaves
Tel.: +351 276 332 557

O Cândido

Rua da Tulha, 14
5400-557 Chaves
Tel.: +351 276 325 295

O Canecão

Estrada de Antas-Outeiro Seco
Chaves

O Castelo

Rua da Infanteria, 19
5400-309 Chaves
Tel.: +351 276 327 058

O Comilanço

Rua Bispo Idácio, 46
5400-303 Chaves
Tel.: +351 276 324 458

O Lelo

Largo do Monumento,
Ed. Nova York, loja 1
5400-409 Chaves
Tel.: +351 276 327 033

O Padrinho

Lama Moinho
5400-805 Vila Verde da Raia
Tel.: +351 276 926 215

O Pote

Av. Duarte Pacheco - Casa Azul
5400-223 Chaves
Tel.: +351 276 321 226

O Rodízio

Praça do Brasil
5400-123 Chaves
Tel.: +351 276 334 640

Os Amigos

Travesso Cândido dos Reis
5400 Chaves
Tel.: +351 276 322 843

Petrus Hotel

Rua Família Camões,
Ed. Solar Flavíae
5400-239 Chaves
Tel.: +351 276 351 500

PIK-NIK

Av. Francisco S. Carneiro,
Lote 2, loja 2
5400-279 Chaves
Tel.: +351 276 333 804

Pinheiro

Av. Duarte Pacheco
5400-293 Chaves
Tel.: +351 276 322 705

Ponte Romana

Rua da Ponte, 22
5400-455 Chaves
Tel.: +351 276 322 712

Quinta da Cera

Lt. 25 Chaves
5400-000 Chaves
Tel.: +351 276 331 169

Quinta do Rebentão

Quinta do Rebentão
5400-762 V. N. Veiga - Chaves
Tel.: +351 276 346 567

Rampa

Av. D. João I
5400-323 Chaves
Tel.: +351 276 323 661

Regional Casa Costa

Rua do Tabolado, 71
5400-524 Chaves
Tel.: +351 276 323 568

Regional O Lavrador

Av. D. João III - Caneiro
5400-027 Chaves
Tel.: +351 276 332 838

Residencial O Zé Luís

Estrada Nacional 2
5400-764 V.N. de Veiga - Chaves
Tel.: +351 276 346 457

Retornado

Bairro dos Retornados Santa
Cruz, 3
5400-676 Chaves
Tel.: +351 276 341 138

Salvador

Canto do Jardim, 19
5400-175 Chaves
Tel.: +351 276 322 389

São Marcos

Av. Irmãos Rui e Garcia Lopes,
Ed. Varandas do Sol, loja 1
5400-310 Chaves
Tel.: +351 276 327 323

Self-Service Flaviense

Av. Nuno Álvares,
Ed. Imperador Flavius, loja 3
5400-419 Chaves
Tel.: +351 276 332 872

Sereia

Rua do Rio
5400-501 Chaves
Tel.: +351 276 323 547

Stop

Rua Campo da Fonte, 10
5400-160 Chaves
Tel.: +351 276 332 095

Taberna Típica Benito

Rua da Ponte, 34
5400-455 Chaves
Tel.: +351 276 907 018

Taki-Tá-Lá

Av. D. João I, ed. Raio X
5400-323 Chaves
Tel.: +351 276 332 704

Típico Adegas do Faustino

Travessa Cândido dos Reis
5400-423 Chaves
Tel.: +351 276 322 142

Tomate Azul

Av. Xavier Teixeira
Ed. Belo Horizonte
5400 Chaves
Tel.: +351 276 324 307

Verde Lírio

Av. Trajano
5400-541 Chaves
Tel.: +351 276 321 616

Self-Service O Primeiro

Rua Coronel Bento Roma, 14
5400-114 Chaves
Tel.: +351 276 322 413

Chinês Jing Huà

Rua do Tabolado
5400-524 Chaves
Tel.: +351 276 333 242

Santa Ana

Bairro St^o. Ana
5400-673 Outeiro Seco - Chaves
Tel.: +351 276 342 215

Pizza Mais

Centro Comercial E'Leclerc
5400-323 Chaves
Tel.: +351 276 318 377

Pizzaria Lugano

Av. Nuno Álvares,
Ed. Mestre Avis, loja 6
5400-419 Chaves
Tel.: +351 276 325 294

Pizzaria Restaurante Itália

Avenida Cocanha, 80
5400-674 Chaves
Tel.: +351 276 341 476

Pizzaria Napolitana

Av. da Raposeira, Ed. 4
5400-482 Chaves
Tel.: +351 276 332 483

Pizzaria Testarossa

Rua do Sol, 51
5400-517 Chaves
Tel.: +351 276 328 054

Pizzaria MC

Rua da Ponte, 22
5400-455 Chaves
Tel.: +351 962 924 853

Restaurante 3 Cozinhas

Urbanização Fernando Dias,
Lote 4, loja 3
5400-590 Chaves
Tel.: +351 276 323 953

Marisqueira O Principe

Avda. Xavier Teixeira
5400-569 Chaves
Tel.: +351 276 332 235

Marisqueira Branquinho

Ed. Campilho
Chaves

Churrasqueira Piu-Piu

Avda. João I, 118 - Samaiões
Chaves

Churrasqueira O Galo

Av. Nuno Álvares, Ed. Nadir
Afonso, loja 1
5400-419 Chaves
Tel.: +351 276 322 817

Churrasqueira O Galo D'ouro

Av. 5 Outubro, Ed. GDC, loja 8/10
5400-017 Chaves
Tel.: +351 276 331 140

Churrasqueira Stadium

Mercado Municipal nº 4/6
5400 Chaves
Tel.: +351 276 332 095

McDonald's

Av. Dom Afonso I Duque
de Bragança
5400-025 Chaves
Tel.: +351 276 321 760

VIDAGO

Bataclan

Estr. Nacional 2, 172
5425-323 Vidago
Tel.: +351 276 907282

Bringelas

Estrada Nacional 2, 22
5425-323 Vidago
Tel.: +351 276 907 231

Capucho

Estrada Nacional 2, 228
5425 Vidago
Tel.: +351 276 999 368

Casa de Souto Velho

Souto Velho
5425-013 Anelhe - Vidago
Tel.: +351 276 999 250

O Mário

Estrada Nacional 2
5400 Vidago
Tel.: +351 276 907 549

Quinta dos Carvalhos

Rua João Oliveira
5425 Vidago
Tel.: +351 276 907 241

Residencial O Resineiro

Est. Nacional 2
5425-323 Vidago
Tel.: +351 276 907 312

Pizzaria Gomes & Gomes, Lda.

Rua José A Costa
5400 Vidago
Tel.: +351 276 909 703



Black cemarics of Vilar de Nantes

Natural mineral waters menu



Cabreiroá

Waters from this emblematic spring are classified as bicarbonate, high sodium, high calcium, high lithium and acidulous.

They are waters with digestive and diuretic effects, as well as relaxing effects for the nervous system.

It is sold in three different modalities: Cabreiroá

Sparkling Water, Cabreiroá

Still Water and Cabreiroá

Única (a 100% natural water, packed with very fine bubbles that naturally come from the spring, with no carbonic gas added).

Origin: Verín.

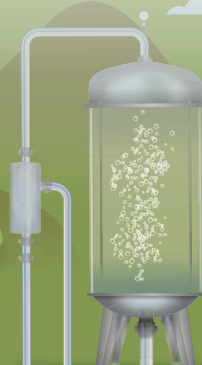
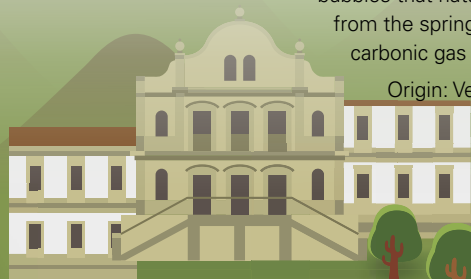


Campilho

Classified as bicarbonate, high sodium, carbonate-soda and with a great concentration of mineral salts.

These waters are highly digestive and they help recover the minerals that the organism needs.

Origin: Vidago.





Fontenova

These waters (carbonate, bicarbonate, high sodium, high fluoride and high lithium) are beneficial for the digestive system. They are offered in two modalities: natural sparkling (fine, digestive and with high mineralization) and natural still (low mineralization).

Origin: Verin.



Sousas

These waters are characterized as high sodium bicarbonate, high lithium and low fluoride. They have low mineralization, they cause excellent depurative, diuretic and detoxifier effects. Their fluoride content makes them ideal for being consumed by nursing babies and kids younger than 7 years old, avoiding dental fluorosis and caries. They are presented in two modalities: sparkling and still.

Origin: Verin.



Vidago

Waters with high levels of salt, bicarbonate, carbonate-soda, and with low chloride and fluoride. These waters, slightly acid and with a low level of natural gas, have great digestive effects. Because of their high concentration of mineral salts, they allow a fast recovery of the mineral salts in the organism.

Origin: Vidago.



